

Noblesville United Soccer Club Recreational Soccer Rules

Division	U5/U6	U7/U8	U9/U10	U11/U12	U13/U14	U16/U19
Format	4v4	5v5	7v7	9v9	11v11	11v11
Coach on Field	Yes	No*	No	No	No	No
Goalkeeper	No	Yes 1/2 Game Only	Yes 1/2 Game Only	Yes	Yes	Yes
Goalkeeper Distribution	N/A	Throw, Roll, Pass No Punting. Modified Rules	Throw, Roll, Pass No Punting. Modified Rules	FIFA Rules	FIFA Rules	FIFA Rules
Minimum to Start Match	3	4	4	6	7	7
Game Distribution	4 x 10 minutes	4 x 10 minutes	2 x 25 minutes	2 x 30 minutes	2 x 35 minutes	2 x 40 minutes
Substitution	Unlimited**	Unlimited**	Unlimited**	Unlimited**	Unlimited**	Unlimited**
Ball Size	3	3	4	4	5	5
Goal Size	4ft x 6ft Max	4ft x 8ft Max	6ft x 18ft Max 6ft x 12ft Recommended	7ft x 21ft Max 6ft x 18ft Recommended	FIFA Rules	FIFA Rules
Field Size	35 yd x 25 yd Max 25 yd x 20 yd Min	35 yd x 25 yd Max 25 yd x 20 yd Min	55 yd x 45 yd Max 45 yd x 35 yd Min	80 yd x 60 yd Max 75 yd x 55 yd Min	FIFA Rules	FIFA Rules
Center Circle	1 yard radius Not Required	1 yard radius Not Required	5 yard radius	8 yard radius	FIFA Rules	FIFA Rules
Corner Arc	2 feet Not Required	2 feet Not Required	3 feet	3 feet	3 feet	3 feet
Goal Box (6 yard box)	Not Required	Not Required	Not Required	Not Required	FIFA Rules	FIFA Rules
Penalty Box	Not Required	Not Required	9 yd x 22 yd	14 yd x 34 yd	FIFA Rules	FIFA Rules
Penalty Mark	No***	No***	8 yards	10 yards	FIFA Rules	FIFA Rules
Direct Kick	N/A	N/A	FIFA Rules	FIFA Rules	FIFA Rules	FIFA Rules
Goal Kick	Yes****	Yes****	Yes*****	FIFA Rules	FIFA Rules	FIFA Rules
Headers	No	No	No	No	Yes	Yes
Throw-In	No	Yes	Yes	Yes	Yes	Yes
Offsides	No	No	Yes*****	Yes	Yes	Yes
Referee/AR	No	No	1/none	1/2	1/2	1/2
Referee Pay	No	No	\$25	\$30/\$25/\$25	\$40/\$30/\$30	\$50/\$35/\$35

*U8 Coaches from each team will walk both sidelines to serve as coach/ref mentors to assist with out of bounds calls and throw ins for both teams.

**Substitutions may occur on appropriate dead balls under FIFA Law and Referee's discretion including opposing team throw-ins unless otherwise noted in the respective league rules.

***No penalty kicks for U6/U8 games. Instead, a Direct Free Kick shall be awarded outside the penalty box at the point nearest where the foul occurred. The opponent may set up a wall.

****Goal kicks for U7/U8 and below must have the opposing team at or beyond the midline. Center Kicks may not be kicked directly into the goal (goal kicks will be awarded in this scenario).

*****U10 Goal Kicks may now be take anywhere from within the penalty box in accordance with the ISL rule change in 2022

*****U10 Offsides will only be called in extreme cases of "cherry picking" obvious within the 18 yd line.

REC PLUS TEAMS: All player subs for games must be communicated to the Executive Director and or the Programs Director for approval.

2023 Amendments

Plus 4 Rule: Any U10 team or higher when up 4 goals will refrain from scoring until opponent has scored another goal.

Instead, challenge your team by other means...(connect 10 passes without loss of possession, transition from defense to offense and back again, etc.)

Send Offs: Any coach or spectator who receives a red card at an NUSC or Indy Premier facility will be suspended TWO (2) matches. Please make sure your families are aware.